



**Mini Ninjas**  
**Ages 4-6**  
**Tues-4:30-5:00**

**Teens**  
**Tues-6:15-7:00pm**

**Karate Kidz**  
**Ages 6-11**  
**Tues-5:15-6:00**

**Adults**  
**Tues-7:15-8:00pm**

# **KARATE**

**Registration Open at [Hazlet.Recdesk.com](http://Hazlet.Recdesk.com)**

**8 Weeks of Classes-\$80**

**Classes Start Oct.4 (Tuesdays)**

**Uniform optional \$40**

**Classes Will Be Held in The United Martial Artist Academy**

**589 Palmer Ave. Hazlet, NJ 07734**

Karate builds Confidence-Strength-Focus and an Indomitable Spirit to Succeed. Students will learn the fundamentals of the Karate style -Okinawa Goju Ryu . Classes will be taught by Mark Kapel-7th Degree Black Belt and Director of Karate programs for Mountain Martial Arts and The United Martial Artist Academy in Hazlet.

**Hazlet Recreation / 732-217-8683**